

Bones and Muscles Crossword

stay Safe stay Active stay

<u>Down</u>

- 1) The strongest bone in the body.
- 3)The muscle on the shoulder.
- 5)The bone that goes right up the back.
- 7)The smaller bone in the lower arm.
- 9) The long bone in the upper arm.
- 11) The bones found in both hands and feet.

Across

- 2) What the jaw bone is called.
- 4) The larger bone in the lower arm.
- 6) The muscles that can make a six pack.
- 8)The smaller bone in the lower leg.
- 10) The muscle at the back of the upper leg.
- 12) The big muscle in the upper arm.









